



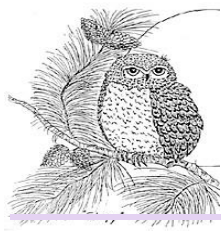
**Southern Sleep Society 43<sup>rd</sup> Annual Meeting – A Virtual Event**  
**Friday, April 23, 2021**

**Technical Course for Allied Health Professionals**  
***“Embracing Challenges in Sleep Medicine”***

***Course Objectives***

- ***Manage sleep apnea with appropriate therapy***
- ***Identify neurological patterns that impact sleep disorders***
- ***Review Pediatric Sleep Medicine***
- ***Implement research in the sleep center***

7:30 – 8:00 AM	<b>Breakfast</b>	
8:00-8:45 AM	<b>Keynote Presentation:</b> <i>Linking Central Sleep Apnea and Heart Failure</i>	Timothy Morgenthaler, MD
8:45-9:30 AM	<i>Managing COPD Patients in Sleep Medicine</i>	Tammy Muth-Davis, BS, RPSGT, RRT
9:30-10:15 AM	<i>Finding the Right Therapy for Your Patient: CPAP/BPAP/Servo Ventilation, Volume Targeted Pressure Support</i>	Byron Jamerson, RPSGT, CCSH
10:15–10:30 AM	<b>Break to Visit Exhibitor Booths</b>	
10:30-11:15 AM	<i>Identifying and Responding to Cardiac Arrhythmias</i>	Kristina Weaver, EMT-P, RPSGT
11:15-12:00 PM	<b>Featured Presentation:</b> <i>Sleep Center Safety and Infection Control in the Age of COVID-19</i>	Laura Linley, RPSGT, RST, CRT
12:00–1:00 PM	<b>Lunchtime/Visit Exhibitor Booths</b>	
1:00-1:45 PM	<i>An Update on SIDS: A Comprehensive Review</i>	Patrick Sorenson, RPSGT
1:45–2:30 PM	<i>Distinguishing Medical vs Behavioral Disorders in Pediatric Patients</i>	Joel Porquez, RPSGT, RST
2:30–3:15 PM	<i>From the Neuron to the K-Complex—The Neurology of Sleep Medicine</i>	Patrick Sorenson, RPSGT
3:15-3:30 PM	<b>Break to Visit Exhibitor Booths</b>	
3:30-4:15 PM	<i>Recognizing Abnormal EEG Activity During Sleep</i>	Debbie Akers, RRT, RPSGT
4:15-5:00 PM	<i>Incorporating Clinical Research in the Sleep Center</i>	Marilyn Swick, RPSGT
5:15-6:15 PM	<b><i>Fun and Games: Sleep Medicine Feud</i></b>	<b>Win Prizes</b>



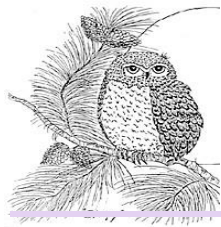
**Southern Sleep Society 43rd. Annual Meeting**  
**April 24-25, 2021**  
**“New and Novel Therapies in Sleep Medicine”**

**Course Objectives**

- Manage sleep apnea with appropriate therapy
- Identify neurological patterns that impact sleep disorders
- Review Pediatric Sleep Medicine
- Implement research in the sleep center

**Saturday, April 24, 2021**

<b>Moderator: Mary Rose, PsyD</b>		
8:00-8:45 AM	<b>Keynote Presentation:</b> <i>COVID as a Catalyst for Sleep Medicine</i>	Timothy Morgenthaler, MD
8:45-9:30 AM	<b>Invited Lecture:</b> <i>Postoperative Care of High Risk OSA Patients: Who, When, Where, and for How Long?</i>	Peter C. Gay, MD
9:30- 10:00 AM	<i>Nocturia as a Relevant Issue for Sleep Medicine</i>	Donald Bliwise, PhD
10:00-10:30 AM	<b>Break with Exhibitors</b>	
10:30-11:00 AM	<i>Managing Sleep Disorders in Covid-19</i>	Nilgun Giray, MD, PhD
11:00-11:45 AM	<b>Special Presentation:</b> <i>Treatment of Severe Morning Sleep Inertia</i>	Carlos Scheck, MD
11:45-12:00 PM	<i>Founders' Award Presentation</i>	TBA
12:00-1:00 PM	<b>Jazz Pharmaceuticals Luncheon Theater with Lunch Provided</b>	
<b>Moderator:</b>		
1:00-1:45 PM	<b>Invited Lecture:</b> <i>What Myotonic Dystrophy Can Tell Us About Idiopathic Hypersomnia</i>	David Rye, MD
1:45-2:30 PM	<i>Opiate Treatment and the Role of Endogenous Opioid System in the Pathogenesis of RLS</i>	Arthur Walters, MD
2:30-3:00 PM	<i>Telemedicine and its Role in Sleep Services</i>	Amir Sharafkhaneh, MD
3:00-3:30 PM	<b>Break with Exhibitors</b>	
<b>Moderator:</b>		
3:30-4:00 PM	<i>Sleep and Stroke</i>	Romy Hoque, MD
4:00-4:45 PM	<i>The emergence of upper airway stimulation therapy in managing PAP failure patients</i>	Margaret Hovda, MD
4:45-5:15 PM	<i>Tailoring Cognitive Behavioral Therapy in Significant Mood Disorders</i>	Mary Rose, PsyD, DBSM, CBSM
5:15-6:30 PM	<i>Membership Meeting/Awards Presentations/Sleep Medicine Jeopardy - Prizes</i>	



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**Sunday, April 25, 2021**

7:00-8:00 AM	<b>Harmonie Biosciences Speaker with Breakfast Provided</b>	
<b>Moderator:</b>		
8:00-8:45 AM	<b>Keynote Presentation:</b> <i>When the Sleep Clinic is a Nightmare: Using Imagery Rehearsal Therapy in Clinical Practice</i>	Michael Nadorff, PhD
8:45-9:30 AM	<b>Invited Lecture:</b> <i>Update on Narcolepsy: Pathophysiology and Novel Treatments</i>	Lynn Marie Trotti, MD
9:30-10:15 AM	<i>Novel Genetic Link for Hypercapnia in Children with Behavior Disorder</i>	Shariar Shahzeidi, MD
10:15-10:45 AM	<b>Break with Exhibitors</b>	
10:45-11:30 AM	<i>Pacers and PAPs: Balancing therapies for CCHS and Spinal cord injuries</i>	Ruckshanda Majid, Md
11:30-12:00 PM	<i>Sleep in Long-Term Care: RLS, Sundowning and Non-Pharmacologic Interventions</i>	Kathy Richards, PhD, RN, FAAN
12:00-1:00 PM	<b>Lunch Break</b>	
<b>Moderator:</b>		
1:00-1:45 PM	<i>Pharmacology Advancements in Sleep Medicine</i>	Gregory Carter, MD, PhD
1:45-2:15 PM	<i>Don't Snooze on Sleep Apnea</i>	Asim Roy, MD
2:15-3:00 PM	<i>Sleep and Cancer</i>	Dave Balachandran, MD
3:00-3:30 PM	<b>Break with Exhibitors</b>	
3:30-4:00 PM	<i>Sleep and Transgender Medicine</i>	Lilit Sargsyan, MD
4:00-4:30 PM	<i>Sleep in Advanced Cancer</i>	Ashley Knox, MS, APRN, FNP-C
4:30-5:00 PM	<i>Improving Sleep in Hospitalized Cancer Patients</i>	Tamara De Lumban, APRN